



Kids Cook! ... at Fresh Starts Cooking School

Fresh Starts Cooking School invites young chefs and families into the kitchen with a series of activities at The Next Key Center, 1399 N. Hamilton Parkway in Novato. A full calendar of culinary events and online registration is available when you visit www.hbofm.org and click "Take A Cooking Class."

For information, call 415-382-3363, ext. 213.

Summer Cooking Classes for Kids!



Wednesday, July 22 – 4 to 6 p.m.: DIY Chinese Takeout Favorites – Lyta Hamm, culinary and nutrition educator, teaches families to make favorite takeout dishes at home: Chinese Egg Rolls, Pot Stickers (vegetable or pork), Vegetable Fried Rice, Fortune Cookies and Fresh Fruit. Eat the results together! *Families with children 5 and older, \$32.00 per person.*

Saturday, July 25 – 10:30 to Noon: Kids Cook for a Cause ♥ – Michelle Stern, founder of "What's Cooking" in San Rafael, leads an educational and meaningful cooking experience. Participants prepare a delicious and seasonal meal for themselves and for residents of Homeward Bound's Family Emergency Center. Meal included. *For children 8 to 13 years old, \$49.00 per person.*



Thursday, Aug. 6 – 10 a.m. to Noon: A Chocolate Lunch – Learn to use chocolate for more than just dessert! Lyta Hamm, culinary and nutrition educator, leads creation of lunch: Chocolate Tortilla Chips with Fresh Fruit Salsa, Watermelon Salad with Cocoa Nib Dressing, Chicken Mole Tacos, Chocolate Fondue. *For children 8 to 12 years old, \$49.00 per person.*

Saturday, Sept. 19 – 10:30 to Noon: Kids Cook for a Cause ♥ – See July 25.



The team at Fresh Starts Cooking School also is available to arrange a **birthday party** in our kitchen or a team-building event. Call us for information about cooking up some summer fun with food!

Fresh Starts Cooking School is a program of Homeward Bound of Marin. All proceeds support job-training programs such as Fresh Starts Culinary Academy, a partnership with the Marin County Office of Education's Regional Occupation Program.