



## SPRING EMERGENCY FOOD DRIVE

*C.O.T.S. in urgent need of food for homeless & seniors*

In these hard times, C.O.T.S. is receiving 20-25 new applications every week for their Food Box Program, which provides about 40 pounds a week of nutritious food for free to needy families and seniors so they don't have to choose between paying their rent and eating. C.O.T.S. has seen a 36% increase in the size of this program compared to the beginning of last year. C.O.T.S. is in need of immediate help from the community so that they can continue to serve the needs of our hungry neighbors. Please consider helping serve those in need by donating an item or two to our SHVS Community Concerns Club Emergency Food Drive. Every item will help those in need! You may also choose to donate money and all donations will be used to purchase bulk food items at Costco.

### Wish list for the Petaluma Kitchen

- Canned Vegetables (Green beans, corn, potatoes, mixed)
- Salad Dressings
- Mayonnaise
- Mustard
- Canned Stews
- Pork and Beans
- Tuna
- Hot Dogs
- Rice & Beans
- Cereal
- Lunch Meats
- Ground Beef
- Ham
- Turkey
- Spaghetti Sauce, Pasta Noodles
- Sugar
- Stainless Steel Dishwashing
- Scrub Mops, Brooms

**The ideal donation would be substantial items that go a long way toward supplying a meal, such as pasta and sauce, rice and beans, or boxes of cereal in family sizes.**

**Items can be dropped off at the SVHS Front Office** and the Community Concerns Club will make regular deliveries to the C.O.T.S. Kitchen. You may also choose to deliver your food directly to the **Petaluma Kitchen at 301 Payran Street between 7am and 3 pm**. Thank you!

**For more information, please contact:**

**Lindsey@thewrights.ws**